

Rank	Code	Name	Category	Club	Total
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Ladies

1	6481	Mustoe Kirsten	Sen	Boscombe Down	5:36.52
2	6022	Westgate Michelle	Sen	Linton On Ouse	6:41.93

Men

1	6776	Northwood Ben	Sen	Boulmer	4:48.92
2	6995	Bennett Leigh	Sen	Brize Norton	4:49.59
3	7125	Parker Chris	Sen	Benson	5:01.68
4	4993	Coen Paul	SVet	Brize Norton	5:03.95
5	6342	Humphries Stephen	Sen	Coningsby	5:11.45
6	1423	Wilcox Dave	SVet	St Athan	5:22.34
7	6184	Kean Jeff	Vet	Brize Norton	5:38.06
8	6441	Ware Graham	SVet	Npc Glons	5:38.52
9	278	Watson Jim	SVet	Odiham	5:40.32
10	6093	Marsden Jarrod	Vet	Coningsby	5:52.36
11	5942	Gospel Eric	Vet	Waddington	5:52.81
12	6985	Rudge Wayne	Vet	Northolt	5:52.98
13	6035	Birley Richard	Vet	Wyton-Brampton-Henlow	6:47.56

