

## RACES - WHO SHOULD ENTER WHAT

Races are listed in ascending order of standard

Race	Training Class/Standard	Composition	Comments
Improvers' Ski	Max B	2 x GS - 1 run each race	Ski Racers at a higher training standard but with more than 1000 seed points may be considered. 2 races scheduled. Competitors must enter both races if in resort for 2 weeks. May enter just one event if in resort only for one week. No combined prize
Fiacaille Trophy	Max C	GS & SL (1 run each race)	Individual race. Competitors must enter both races if in resort for 2 weeks. May enter just one event if in resort only for one week. Prizes awarded for each race and combined event
Inter-Station Trophy (BAE Systems Cup)	Min D	GS & SL (both 2 run)	Team race - max 4 racers, min 3 racers. 3 must finish each event (if held) to count. No substitutions without prior Jury agreement
Selectors' Trophy	Min D	GS & SL (both 2 run)	Individual combined race for those of right standard who are unable to enter Inter-Station race. Competitors must enter both races if in resort for 2 weeks. May enter just one event if in resort only for one week
Individual Alpine	Min D	GS - 2 run SL - 2 run DH/SG - 1 run	No need to enter all events, but must complete all that are held to be eligible for Overall Championship
Snowboard Improvers Races	Max B	2 x GS – 1 run	2 races scheduled. Competitors must enter both races if in resort for 2 weeks. No combined prize
Snowboard Races	Min C Min C Min C	GS - 2 run Parallel SL Snowboard Cross	No need to enter all events, but must complete all that are held to be eligible for Overall Championship

**The description below enables individuals to be placed in the correct level of race.**

Ski B. Completed the Beginners' course (or equivalent) prior to this year's Championships, able to ski snowplough and stem christies but pre-parallel.

Ski C. Able to ski parallel but not confidently on red runs.

Ski D. Able to ski parallel confidently on red runs.

Ski E. Able to ski parallel confidently on red and black runs.

Board B. Able to do side slides, falling leaf, traverse, and basic slide turn on blue pistes.

Board C (Intermediates 3 - 8 weeks boarding). Able to do slide turns on red pistes; carved turns on blue pistes.

Board D 3+ wks boarding. Carved turns on blue/red pistes; GS and slalom pole trg (suitable for riders with alpine boards and hard boots or torque (3 strap) bindings).

Board E Advanced 8+ wks boarding. Further development of free-riding techniques with focus on free-style; half-pipe and park sessions; airs with horizontal rotation (frontside/backside 180s, 360s, 540s); rotation with grabs; technical grabs; off piste (depending on conditions).