

## **EXTRACT RACE REGULATIONS - THE FIS INTERNATIONAL SKI COMPETITION RULES AND SNOWBOARD COMPETITION RULES**

### **SKI RACE RULES**

#### **COURSE INSPECTION**

1. The Jury decides the method of the inspection.
2. During inspection, competitors must carry their start numbers (bibs).
3. Competitors must not ski down the prepared course or through the gates. Practising turns parallel with those required on the course is not permitted.
4. Competitors are not permitted to enter the course on foot without skis.

#### **DISQUALIFICATION**

5. You may be disqualified if you:
  - a. Are accountable for endangering the safety of person or property.
  - b. Fail to cross the line between the poles of a gate with both ski tips and both feet. (A gate has been passed correctly when both the competitor's ski tips and both feet have passed across the gate line. If a competitor loses a ski, without committing a fault, then the tip of the remaining ski and both feet must pass the gate line. If a competitor removes a pole from its vertical position before both ski tips and both feet have passed the gate line, the ski tips and feet must pass the original gate line defined by the marking in the snow).
  - c. Fail to cross the finish line on both skis, or on one ski, or with both feet in the case of a fall in the immediate finish area.
  - d. Participate in a race under false pretences.

See para 14 below for details of protests.

#### **START RULES**

6. In GS, Super G and DH start intervals are fixed and the start sequence will be:
  - a. 10 seconds before start time - "10 seconds"
  - b. 5 seconds before start time - countdown or beeps will start, ending with a different tone or the word "Go".
7. A competitor may start any time after the beeps/countdown begin and up to 5 seconds after the last beep/"Go".
8. Failure to start within the time bracket will be sanctioned and may bring disqualification.
9. In SL, start intervals are irregular. The start sequence will therefore be:
  - a. When start is imminent - "Ready"
  - b. A short time later - "Go"
10. A competitor must start within 10 seconds after the word "Go". Failure to start within the time bracket will be sanctioned and may bring disqualification.
11. Competitors will not be allowed to start if they:
  - a. Wear obscene names/symbols on clothing or equipment

- b. Behave in an unsportsmanlike manner in the start area
- c. Train on a course closed for competition
- d. Do not have ski brakes on their skis
- e. Are eliminated after the first run of a 2 run race

### RE-RUN

12. While racing, a competitor who is hindered by the error of an official, by a spectator, by an animal, or by any other cause, may apply to any member of the Jury for a re-run. This claim can also be made by the Team Captain of the hindered competitor. **If a competitor wishes to apply for a re-run, s/he must leave the course immediately after the interference and may not ski through further gates, including the finish gate.**

13. The claim for a re-run must be made before the end of the run in which the alleged hindrance took place. The Jury will adjudicate whether the grounds for the re-run are valid.

### PROTESTS

14. There are several types of protest, the types and means of which are detailed below:

- a. Against Admittance. To the Race Sec at the Race Office before the race draw.
- b. Against the Course or its Condition. To the Chief of Race at the Course not later than 15 minutes before the beginning of the race.
- c. Against another Competitor. Protests against another competitor or competitor's equipment are to be made to the Referee at the Course within 15 minutes of the last competitor passing the finish.
- d. Against an Official. Protests against an official for irregular behaviour during the competition are to be made to the Referee at the Course within 15 minutes of the last competitor passing the finish.
- e. Against Disqualification. To the Referee at the Course within 15 minutes of the posting of disqualifications. Disqualifications will be posted at the Timing Hut, or other suitable location which will be notified to Team Captains.
- f. Against the Timekeeping. To the Chief of Race within 15 minutes of the posting of the unofficial results list.
- g. Against the Decision of the Technical Delegate to terminate the Race. To the Race Sec within 24 hours of the publication of the decision.
- h. Against all other Decisions of the Technical Delegate. Immediately and no later than any of the above deadlines.

Protests are, as a rule, to be submitted in writing but protests against c, e and f may be made verbally. Protests must be substantiated in detail and evidence included. Protests may only be presented by a Team Captain, or authorised representative, and must be accompanied by a deposit of €40 or £25, which will be refunded if the jury considers the protest valid.

## **SNOWBOARD RACE RULES**

### **COURSE INSPECTION**

1. The Jury decides the method of the inspection.
2. During inspection, competitors must wear their start numbers (bibs).
3. Competitors must not ride down the prepared course or through the gates. Practising turns parallel with those required on the course is not permitted.
4. Competitors are not permitted to enter the course on foot without a snowboard.

### **DISQUALIFICATION**

5. You may be disqualified if you:
    - a. Are accountable for endangering the safety of person or property.
    - b. Fail to cross the gate lines. (A gate has been passed correctly when the rider has at least the front foot fixed in the bindings on the board and the entire board crosses the gate line. In case of a fall, the competitor must pass through the turning line. In the event that a competitor removes a pole from its vertical position before the competitor's board and both feet have passed the gate line, the board and feet must still pass the original gate line (defined by the marking in the snow).
    - c. Fail to cross the finish line with at least one foot buckled to the board, or with both feet in the case of a fall in the immediate finish area.
    - d. Participate in a race under false pretences.
    - e. Fails to cover the course on his/her board or to pass the finish line as per sub-para c above.
    - f. Fails to give way to an overtaking competitor at the first call or interferes with the overtaking competitor's run. This rule does not apply in Snowboardcross (SBX).
    - g. Accepts any outside help in any form during the competition.
- See para 14 below for details of protests.

### **START RULES**

7. In GS and Super G start intervals may be irregular and the start sequence will be:
  - a. 10 seconds before start time - "10 seconds"
  - b. 5 seconds before start time - countdown or beeps will start, ending with a different tone or the word "Go".
8. A competitor may start any time after the beeps/countdown begin and up to 5 seconds after the last beep/"Go".
9. Failure to start within the time bracket will be sanctioned and may bring disqualification.
10. In SBX, start intervals will be determined by the Start Referee. The start sequence will be:

- a. "Riders Ready", "Attention"
  - b. 1-4 seconds (randomly) after this comment the start gate will fall.
11. Competitors will not be allowed to start if they:
- a. Wear obscene names/symbols on clothing or equipment
  - b. Behave in an unsportsmanlike manner in the start area
  - c. Train on a course closed for competition
  - d. Are eliminated after the first run of a 2 run race

### RE-RUN

12. While racing, a competitor who is hindered by the error of an official, by a spectator, by an animal, or by any other cause, may apply to any member of the Jury for a re-run. This claim can also be made by the Team Captain of the hindered competitor. **If a competitor wishes to apply for a re-run, s/he must leave the course immediately after the interference and may not ride through further gates, including the finish gate.**

13. The claim for a re-run must be made before the end of the run in which the alleged hindrance took place. The Jury will adjudicate whether the grounds for the re-run are valid.

### PROTESTS

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- b. Against the Course or its Condition. To the Chief of Race at the Course not later than 15 minutes before the beginning of the race.
- c. Against another Competitor. Protests against another competitor or competitor's equipment are to be made to the Referee at the Course within 15 minutes of the last competitor passing the finish. In the SBX, protests must be made to the Referee before the next heat begins.
- d. Against an Official. Protests against an official for irregular behaviour during the competition are to be made to the Referee at the Course within 15 minutes of the last competitor passing the finish.
- e. Against Disqualification. To the Referee at the Course within 15 minutes of the posting of disqualifications. Disqualifications will be posted at the Timing Hut, or other suitable location which will be notified to Team Captains.
- f. Against the Timekeeping. To the Chief of Race within 15 minutes of the posting of the unofficial results list.
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